

# B R E A K O U T S

## BREAKOUT INFORMATION

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### ***Never Alone: Finding God's Presence in Seasons of Loneliness***

#### **Topic: Loneliness and Isolation**

Loneliness can be a deep spiritual challenge, pulling us away from our connection with God and others. It leaves us vulnerable to despair and temptation, weakening our ability to follow Jesus. We are created for community, and when that's lacking, our spiritual growth can suffer. This session will explore how we can seek God's presence and find strength in His closeness during lonely seasons, allowing us to restore our sense of purpose and belonging.

### ***Finding Purpose in Pain: Embracing God's Grace Through Suffering***

#### **Topic: Suffering**

Suffering can test our faith, tempting us to question God's goodness or feel abandoned. It's easy to let pain pull us away from God instead of leaning on Him for comfort and strength. Yet suffering can also be transformative when we approach it with faith, deepening our reliance on God and refining our character.

### ***Faith in the Fog: Navigating Doubt with Divine Assurance***

#### **Topic: Doubt**

Doubt can shake our trust in God's promises, leaving us feeling uncertain and afraid. It can keep us from acting on His guidance and pull us away from the peace that faith offers. This session will address the reality of doubt and how, instead of withdrawing, we can bring our uncertainties to God and allow Him to restore our faith.

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### ***What Lasts: Breaking Free from the Chains of Materialism***

#### **Topic: Materialism and Worldly Desires**

Materialism draws our attention to temporary things, shifting our focus away from God. The pursuit of wealth and possessions can become an idol, leaving us discontent and distant from God's eternal promises. This session will challenge the false satisfaction materialism offers and remind us that our true treasure is found in living a Christ-centered life (Matthew 6:21).

### ***Illuminated Paths: Overcoming Ignorance with the Light of God's Word***

#### **Topic: Ignorance of God's Will**

Without knowing God's Word, we're susceptible to false beliefs and misguided actions. This session will help uncover how a deep understanding of Scripture is essential for spiritual growth, discerning God's will, and navigating life with wisdom and confidence.

### ***Chains: Finding Freedom and Life Abundant Through Christ***

#### **Topic: Addiction**

Addiction is a powerful force that pulls us away from God's purpose, damaging relationships and isolating us from His community. It leads us to seek fulfillment outside of Jesus, clouding our judgment and causing destructive choices. Through Christ's grace, true freedom is possible, offering healing and restoration.

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### *Hope in the Shadows: Finding God in Depression and Anxiety*

#### **Topic: Depression and Anxiety**

Depression and anxiety can distort our view of God's love and leave us feeling hopeless. These struggles often isolate us from others, making it harder to experience the support we need. This session will provide insight into how we can turn to God, seeking hope and healing in His presence, even in dark times.

### *Renewing Your Mind: Defeating Limiting Beliefs with God's Truth*

#### **Topic: Limiting Beliefs**

Certain thoughts and unresolved questions can make following Jesus seem impossible. Questions like, "How can Christianity be the only way?" or "Why does God allow suffering?" challenge our faith. This session will confront these doubts, offering Biblical truth to help us overcome these barriers and confidently follow Jesus in a world full of opposing views.